

2026 YEARLY INTENTIONS

MY WORD OF THE YEAR

THIS WORD SHOULD FLOW EASILY INTO EACH CATAGORY BELOW.

● SELF

● RELATIONSHIPS

● HEALTH

● BUSINESS

2026 YEARLY INTENTIONS

● FINANCES

● SPIRITUAL

● COMMUNITY

● NOTES, DATES, NEED TO KNOW

2026 YEARLY INTENTIONS

**CHOOSE ONE INTENTION FROM EACH CATEGORY ABOVE.
WRITE IT BELOW, GIVING EACH QUARTER OF 2025 A CLEAR
FOCUS FOR GROWTH AND ALIGNMENT.**

JANUARY-MARCH — MY 7 FOCUSED INTENTIONS

● **CHOOSE ONE INTENTION FROM EACH CATEGORY TO GUIDE
YOUR QUARTER.**

APRIL-JUNE — MY 7 FOCUSED INTENTIONS

**CHOOSE ONE INTENTION FROM EACH CATEGORY TO
GUIDE YOUR QUARTER.**

JULY-SEPTEMBER — MY 7 FOCUSED INTENTIONS
CHOOSE ONE INTENTION FROM EACH CATEGORY TO GUIDE YOUR QUARTER.

OCTOBER-DECEMBER — MY 7 FOCUSED INTENTIONS
CHOOSE ONE INTENTION FROM EACH CATEGORY TO GUIDE YOUR QUARTER.

I AM creating the life I desire

These Intentions In my life NOW or something better NOW!

I create my reality